

STOMACH CANCER AWARENESS

Do you know the signs?

The symptoms of stomach cancer can be vague and mistaken for other, less serious conditions. If you have any of these symptoms for a prolonged period, see you GP:

- a painful or burning sensation in the abdomen
- heartburn or indigestion (dyspepsia)
- a sense of fullness, even after a small meal
- nausea and/or vomiting
- loss of appetite and/or weight loss
- swelling of the abdomen
- unexplained tiredness or weakness
- low iron levels, red blood count/ anaemia
- blood in vomit
- black-coloured stool.

Notes for your GP appointment:

- Describe your symptoms.
- How long have they been going on?
- Do you have family history of stomach cancer?
- Has a family member had Helicobacter Pylori?

Ask your GP what the plan is for treating symptoms. If medication is prescribed, make a plan and time for your next appointment to reassess symptoms if still present.



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