









Trip Highlights

A spectacular short helicopter flight across Te Waewae Bay
Heli-lift of luggage (to Okaka Lodge only)
Diverse and stunning scenery, from sub-alpine
to sea-level environments
Spot rare Hector's dolphins playing in the surf
Walk across the largest wooden viaducts in New Zealand
Superbly located lodges with hot showers
Delicious home-cooked evening meals



Trip Duration	4 days	Trip Code: SOG7629
Grade	Moderate	
Activities	Guided Hiking	
Summary	3 nights simple lodge	

Supporting Your Cause

The GI Cancer Institute and Gut Cancer Foundation are partnering to bring you this new Gutsy Challenge in New Zealand. All funds raised will support innovative research into GI/gut cancers in both Australia and New Zealand, to improve treatment options and quality of life for GI/gut cancer patients.

Your Huma Challenge

Thank you for your interest in our Hump Ridge Track Challenge 2023. Huma Charity Challenge is a division of the worldwide adventure travel company World Expeditions. When joining a Huma Charity Challenge you embark on a remarkable journey to discover your inner philanthropist as you raise money for a Charity that is important to you. At the same time you take on the challenge of fundraising and partake in an adventure to discover new worlds, new landscapes and new cultures ... perhaps you'll even discover how far your personal boundaries stretch as you take on a physical challenge like a cycling, trekking or a mountaineering adventure. We are passionate about off-the-beaten track travel experiences as they provide travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. Our itineraries are well researched, affordable and tailored for the enjoyment of small groups. Our itineraries provide the very best travel experience, designed by people with vast local knowledge who share our vision of authentic exchange and real exploration with a responsible travel approach at the











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		's whilst supporting		

Charity Challenge Payments

Joining Queenstown from: \$2490
All prices are per person
Trip Dates
2023 08 Nov - 11 Nov

important notes

BP - Base Price (twin share - in NZD),

Your Adventure

The Tuatapere Hump Ridge Track offers an amazing wilderness walking experience. Located in the south-west corner of New Zealand's South Island the track runs through 62km of pristine and unspoiled wilderness. In the company of experienced guides you'll walk through a diverse range of World Heritage landscapes from sub-alpine wilderness to sea-level, including coastal terraces in the unique Waitutu Forest, once visited by Dr David Bellamy. There is also a chance you may spot some of the rare Hector's dolphins offshore or in a sheltered bay. On top of the Hump Ridge itself delight in panoramic views of Stewart Island, Lake Poteriteri, Lake Hauroko and mountain ranges deep in Fiordland National Park. On the first day of walking a helicopter will transfer your luggage to your simple lodge accommodation high on a ridge and also provide you with a spectacular flight across Te Waewae Bay before you commence walking. (You do need to carry all your own luggage on the remaining days.) At the end of each day, relax after a hot shower in the superbly located lodges and enjoy delicious three-course meals.

About Your Escort

Your guides are trained outdoor enthusiasts who will explain the natural and human history of the area you are walking through. They pride themselves on their safe, efficient and friendly service. All guides are trained in first aid and are in radio contact with each other, the lodges and the office at all times. Your safety is of paramount importance and your guides may have to adapt the day's walk depending on your fitness and weather or track conditions. While they will make every effort to meet your needs, please adhere to their professional decisions if circumstances demand this.

Itinerary at a Glance

DAY 1	TRANSFER TO TUATAPERE
DAY 2	HELICOPTER TO TRACK, HIKE TO OKAKA LODGE (12KM, 5-6HRS)
DAY 3	WALK TO PORT CRAIG LODGE (21KM, 7-9 HRS)
DAY 4	COASTAL HIKE TO RARAKAU (20KM, 5 - 7 HRS)

Additional Deposits Required

Due to the nature of this group tour and us needing to pre-book all group arrangements, a non-refundable deposit of \$700.00 is required to confirm your space on this tour. We recommend taking out travel insurance to protect you against any unforeseen circumstances.

What's Included

- → 3 breakfasts, 3 lunches, 3 dinners
- → Fruit and snacks while walking
- One night accommodation in Tuatapere, twin share with linen and shared bathrooms
- Two nights simple lodge accommodation on a twin share basis with linen and shared hot showers
- → Return transfers from Queenstown, Te Anau (on request) or Invercargill to Tuatapere
- → Transfers to and from Tuatapere to the Rarakau trailhead
- → Helicopter transfer across Te Waewae Bay to commence walking from Flat Creek instead of Rarakau
- → Transfer of pack by helicopter (15kg maximum) to Okaka Lodge on first day of walk
- Professional qualified guides
- → New Zealand Goods and Services Tax (GST)











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Fast Facts

Group Size Min:

12

Group Size Max:

18

Leader:

Expert local leader

Advice for people with limited mobility

This trip is not suitable for people

with limited mobility.

*Ask our staff for more information

What's Not Included

- → International or domestic flights and taxes
- Meals not mentioned in the itinerary
- → All beverages, other than at breakfast
- → Water bottle (help us save the environment by bringing your own drink bottle or hydration system)
- → Personal expenses (e.g. phone calls, internet, laundry, shopping etc)
- → Hiking pack plus small daypack to use on first day of walking while your main pack is flown into Okaka Lodge
- Personal equipment such as rainwear, gaiters, walking boots, walking poles etc
- → Travel Insurance
- → Visa (if required)
- → Tips

Detailed Itinerary

DAY1 Transfer to Tuatapere

You will be transferred from either Invercargill (4:35pm), Te Anau (4:30pm, on request) or Queenstown (2:00pm) to Tuatapere (timetable subject to change). On arrival you will complete some formalities at the Hump Ridge Track office before meeting your guide and fellow hikers for a tour briefing in the evening. Your accommodation for the night is close by and includes a tasty home-cooked dinner plus a hearty breakfast next morning.

meals: D

DAY2 Helicopter to track, hike to Okaka Lodge (12km, 5-6hrs)

After breakfast you will be collected from your accommodation and driven to the trailhead at Rarakau, a drive of approx 30 minutes. A scenic helicopter ride over Te Waewae Bay delivers you to Flat Creek from where you will start walking. (You will walk the section of track that you fly over on the way back.) You will gradually climb up to the top of the Hump Ridge (approx 1000m), passing through beautiful native forest, the stunning diversity of which changes dramatically with elevation. Ascending straight up the ridge you will reach Stag Point, where the trees part and you are welcomed by views of the beautiful Te Waewae Bay once more - this time from a different perspective. From here it's only an hour or so to the lodge, and on clear days you will be able to see Stewart Island and of course the Fiordland mountains and lakes nearby. When you arrive at Okaka, the lodge 'on top of the world,' all you have to do is unwind as you admire the views. You'll feel instantly at home with our lodge manager's delicious cooking and hospitality.

meals: B,L,D

DAY3 Walk to Port Craig Lodge (21km, 7-9 hrs)

After breakfast you wander down the Hump Ridge, with 360 degree views of Te Waewae Bay, Stewart Island, the South Coast, Waitutu terraces and Fiordland mountain ranges. While you are walking over several mighty wooden viaducts on the way to Port Craig Village, consider the men who built them almost a century ago. Your guide will share many stories from the days when Port Craig was a bustling sawmill town in the 1920s.

If you are interested in the history and relics that surround Port Craig, choose to take the interpretive trail or just meander down to the beach and spot some of the resident Hector's dolphins that live in the bay. On arrival at the lodge, your friendly lodge manager will welcome you. After a brief orientation the time is yours to explore or simply relax and put your feet up, enjoying the coastal ambience.

meals: B,L,D











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Trip grading Moderate

A moderate to high level of fitness is required to complete this walk. If you are not a regular walker we suggest you begin a daily walking regime 6-8 weeks before departure, gradually increasing the distance you walk, carrying a backpack. Staircase or hill-climbing is strongly recommended to increase endurance and leg strength as on the first day of the walk you climb over 800m. The track surfaces vary from smooth well-formed paths to rough terrain broken by rocks and tree roots. We therefore recommend you wear hiking boots, which provide firm ankle support. You should wear these at least once a week during your training so that they are well broken-in before your trip.

Adventure Travel

By its very nature Charity Challenges involve an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are suitably fit, flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your charity representative or one of our team.

Important Note

These charity challenge notes represent the most current information for this itinerary, and may supersede any other supplied information, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This challenge itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

DAY 4 Coastal hike to Rarakau (20km, 5 - 7 hrs)

To complete the track, you will first walk beneath a canopy of native bush, then along several beautiful golden beaches. One such beach is named Blowholes due to the funnel of rocks through which waves surge as they come to shore. Walking along the section of track over which you flew on the first day, the coastline affords a spectacular finish to a fantastic trip. At the end of the walk you will be driven from the trailhead at Rarakau back to Tuatapere where you farewell your guide. Connect with your transfer to return to either Queenstown, Invercargill or Te Anau (on request). Arrival in Invercargill and Te Anau is around 4:30pm and Queenstown around 6:00pm.

meals: B,L

This itinerary is subject to change with any modifications in Community regulations as well as Governmental changes and natural circumstances beyond our control.

Fundraising Support

All travel and trip related costs for the Hump Ridge Track Challenge are to be met by the individual taking part. As this is a fundraising challenge, we request you fundraise/donate a minimum of \$2000 to help improve outcomes for gut cancer patients in NZ/Australia. You will be able to setup your own online fundraising page to help raise your fundraising target for your trip. The team at the Gut Cancer Foundation/GI Cancer Institute will be in touch with you upon registration and provide you with a link and support to set this up. Ongoing tips and advice will be provided to help you reach your fundraising goal.

Country Information

Stretching North to South for over 2000 km, and split into two main island's - the North and the South Islands - New Zealand is a country of diverse landforms. From the Pacific Island beaches and rolling farmlands in the north, to the volcanic plateau and then onto the soaring mountains within view of the sea in the south, and the sub-Antarctic islands that dot the South Island coastline, the contrasts are many.

The South Island is the 12th largest island in the world. The west coast is dominated by the Southern Alps, which contain more mountains than the European Alps altogether, and home to New Zealand's highest peak, Aoraki Mount Cook (3754m / 12,316 ft). The Main Divide, the chain of peaks that forms the backbone of the Alps from Arthurs Pass to Fiordland, splits the South Island into east and west. Several ice ages, and the fact that two continental plates are sliding past each other forming the Southern Alps, means that the scenery is as rugged as the New Zealand fauna and flora is unique. The largest city in the South Island is Christchurch.

The North Island is the smaller of the two main islands of New Zealand. Its northern location means it enjoys a warmer, more temperate climate than much of the South Island, and is much more vastly populated. The centre of the island is primarily a volcanic landscape with vast forests, volcanic peaks, and picturesque lakes. The eastern side of the island is covered with vineyards. Auckland, also known as the 'City of Sails', is the Capital City of New Zealand and found on the North Island.

With a population of 4.0 million people, the wilderness areas of New Zealand are many as most 'Kiwis' now live in an urban situation near the coast. The Maori are the indigenous people of the land and they named it Aotearoa 'Land of the Long White Cloud' upon their arrival 1000 years ago. Europeans settled in the early 1800s and the country is alive today with a market driven economy and a blend of European and Asia/Pacific influences to create a buoyant South Pacific culture.











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Climate

As a general rule, November to April are the most ideal months for travelling in New Zealand's stunning outdoors. One of the most important thing travellers need to know about the New Zealand climate is that it's a maritime climate, as opposed to the continental climate typical of larger landmasses.

Thanks to its position in the path of the 'Roaring 40s' and mountainous terrain, New Zealand's weather can frequently change with amazing rapidity. Because the weather can change so unexpectedly you should be prepared for sudden changes in temperature and weather conditions. This basically means having a good waterproof jacket and some warm clothing. You don't need to bring your winter wardrobe but a good fleece/jumper and good thermals are a must.

The temperature during the South Island summers range from 10-30 °C, with a pleasant 40-50% humidity. Higher altitudes are always considerably cooler and snowfall is not uncommon even in summer. The Southern Alps act as a barrier to the moisture laden winds coming west across the Tasman Sea, creating a wet climate on the west side of the mountains and a dryer climate on the east side. The geography also creates a wind pattern, which can in summer be very hot, dry and fierce. Maximum temperatures we may encounter range up to 30°C. Minimum temperatures expected in the Southern Alps in Summer time are around -5°C. Weather is an integral facet of any mountain range and getting to understand and work with this major environmental factor is what will make you more prepared for your tour – any questions about what to expect on your tour talk to one of our sales team.

Dietary Requirements

Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

Accommodation on the Trip

Accommodation is at simple lodges throughout the trip. The first night in Tuatapere is based on twinshare rooms with shared bathrooms and all linen. Meals are taken in a communal lounge/dining area with bar facilities. Mobile phone reception, wifi and laundry facilities are available. There is a local bar and a small grocery store nearby. Bear in mind Tuatapere is a tiny village and you may find services and facilities are not of the same standard you might expect in larger centres and costs will be higher. A single supplement applies for this night if you would like to have your own room (subject to availability). Please note that we are not able to guarantee this accommodation exactly but the description above is for the lodge normally used. If this is not available then an alternative will be found and if the standard is different you will be advised at the time of booking.











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Accommodation along the Hump Ridge Track is again in simple lodges. Each has gas heating (in shared use areas), solar lighting, flush toilets, shared bathroom facilities (hot water) and drying rooms. Bed linen and towels are provided. Accommodation will be based on twin share, rooms or twin share quad rooms subject to availability. There is mobile phone range but no wi-fi at these lodges. A limited number of USB ports are provided to charge mobile phones. Spacious lounge and dining areas are for communal use. A three course evening meal with a distinctive New Zealand flavour is provided at each lodge. Breakfast and picnic lunches (which you carry) are also provided. A limited range of wine, beer and soft drinks are available for sale at both lodges, as well as a range of snacks including chocolate, crisps and nuts. Payment can be made by cash or credit card (NO EFTPOS). As the premises are licensed under liquor laws as "on licence" you are not permitted to bring your own alcoholic beverages.

Pre and Post Tour Accommodation

If you would like some help booking pre/post tour accommodation speak to our staff as they can help with different suggestions.

What You Carry

On Day 1 of the walk your hiking pack (max weight of 15kg) will be transferred by helicopter to Okaka Lodge, your accommodation for the night. You will only need to carry personal items needed for that day such as rain wear, warm jacket, camera, hat, sunscreen, personal medication, packed lunch and water bottle. On Days 2 & 3 you will need to carry your pack with these items PLUS your hut clothing and toiletries, so we advise you to pack economically. It is a good idea to bring a small daypack for the first day that you can then fold up/pack into your main pack on subsequent days. Alternatively, you can borrow a daypack (provided at the trip briefing) for this day and leave it at Okaka Lodge.

Equipment Required

A pack of sufficient size to carry personal items, a good waterproof jacket, a change of clothes and toiletries for two overnights. Hiking poles are optional. Sturdy walking boots with good ankle support that are well broken in are essential. A comprehensive gear list is included with your trip confirmation.

How To Book

To book this trip, you will need to complete a booking form and pay a non refundable deposit which you can do by using our online booking function. Otherwise contact info@ greatwalksofnewzealand.co.nz for a booking form and details.

