

COCONUT FLOUR PEANUT BUTTER & CHOC CHIP COOKIES

INGREDIENTS

- 1/2 cup peanut butter
- 2 eggs at room temperature
- 1/4 cup Natvia/stevia (if you don't have Natvia, you can use brown sugar)
- 1 teaspoon vanilla extract
- 4 tablespoons coconut flour
- 1/4 cup of chocolate chips

INSTRUCTIONS

- 1. Preheat oven to 180degC and line a baking tray with baking paper.
- 2. In a bowl, beat eggs with Natvia and the vanilla extract. Make sure your eggs are at room temperature.
- 3. Put peanut butter in a separate bowl. If it is a firm peanut butter, we suggest you blend with a tablespoon of olive oil to moisten to give a loser texture.
- 4. Pour the beaten egg mixture into the peanut butter and whisk vigorously to combine into a smooth batter.
- 5. Stir through the chocolate chips
- 6. Add the coconut flour and combine. The resulting dough will be sticky and heavy, but this is what you want.
- 7. Form 8 to 10 cookie balls and place on the baking tray. We suggest you use a couple of spoons to do this or grease your hands to avoid a sticky situation!
- 8. Make sure there is 3 cm between cookie balls on the tray. Grease a fork and press down on the cookie balls to flatten.
- 9. Bake for 12 to 14 minutes or until they are golden around the edges.
- 10. Cool for 10 minutes on the baking tray before transferring to a cooling rack.
- 11. Ideally, leave the cookies to rest for 3 hours to develop a hard, chewy texture but it may be difficult waiting that long to taste test!

Storage: Up to 4 days in an airtight container or suitable for freezing.